

# Suicide Prevention Related Awareness Days 2022



<u>Safer Internet Day</u>	8 February 2022
<u>National Day of Action Against Bullying and Violence</u>	18 March 2022
<u>World Sleep Day</u>	18 March 2022
<u>International Day of Happiness</u>	20 March 2022
<u>National Close the Gap Day</u>	17 March 2022
<u>Harmony Week</u>	15 - 21 March 2022
<u>World Bipolar Day</u>	30 March 2022
<u>Neighbour Day</u>	27 March 2022
<u>WA Youth Week</u>	8 to 16 April 2022
<u>Rail R U OK? Day</u>	28 April 2022
<u>International Day Against Homophobia, Biphobia and Transphobia</u>	17 May 2022
<u>Schizophrenia Awareness Week</u>	22 - 28 May 2022
<u>Sorry Day</u>	26 May 2022
<u>National Reconciliation Week</u>	27 May - 3 June 2022
<u>Men's Health Week</u>	TBC June 2022
<u>NAIDOC Week</u> (Theme - TBC)	3 - 10 July 2022
<u>Wear it Purple Day</u>	26 August 2022
<u>Women's Health Week</u>	5 - 11 September 2022
<u>R U OK? Day</u>	8 September 2022
<u>World Suicide Prevention Day</u>	10 September 2022
Annual release of ABS Suicide Data	September 2022
<u>World Mental Health Day</u>	10 October 2022
<u>World Homeless Day</u>	10 October 2022
<u>National Carers Week</u>	TBC October 2022
<u>WA Mental Health Week</u> (Theme - TBC)	TBC October 2022
<u>Sock it to Suicide Week</u>	3 <sup>rd</sup> week of October 2022
<u>Movember</u>	1 - 30 November 2022
<u>Perinatal Depression and Anxiety Awareness Week</u>	7 - 13 (TBC) November 2022
<u>International Men's Day</u>	19 November 2022
<u>International Day of People with a Disability</u>	3 December 2022
<u>International Migrants Day</u>	18 December 2022

This list has been compiled by the Perth Metro Suicide Prevention Coordinators Program.  
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