

Suicide Prevention Related Dates and Awareness Days 2021

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| <u>National Day of Action Against Bullying and Violence</u> | 19 March 2021 |
| <u>World Sleep Day</u> | 19 March 2021 |
| <u>International Day of Happiness</u> | 20 March 2021 |
| <u>National Close the Gap Day</u> | 18 March 2021 |
| <u>Harmony Week</u> | 15 - 21 March 2021 |
| <u>World Bipolar Day</u> | 30 March 2021 |
| <u>Neighbour Day</u> | 31 March 2021 |
| <u>WA Youth Week</u> | 9 to 16 April 2021 |
| <u>National Suicide Prevention Symposium (online due to Covid)</u> | 19 - 22 April 2021 |
| <u>Rail R U OK? Day</u> | 29 April 2021 |
| <u>International Day Against Homophobia, Biphobia and Transphobia</u> | 17 May 2021 |
| <u>Schizophrenia Awareness Week</u> | 23 - 29 May 2021 |
| <u>Sorry Day</u> | 26 May 2021 |
| <u>Men's Health Week</u> | 14 - 20 June 2021 |
| <u>NAIDOC Week</u> | 4 - 11 July 2021 |
| <u>Wear it Purple Day</u> | 27 August 2021 |
| <u>Women's Health Week</u> | 6 - 10 September 2021 |
| <u>R U OK? Day</u> | 9 September 2021 |
| <u>World Suicide Prevention Day</u> | 10 September 2021 |
| Annual release of ABS Suicide Data | September 2021 |
| <u>World Mental Health Day</u> | 10 October 2021 |
| <u>World Homeless Day</u> | 10 October 2021 |
| <u>WA Mental Health Week</u> | 10 - 17 October 2021 |
| <u>Sock it to Suicide Week</u> | 3 rd week of October 2021 |
| <u>Movember</u> | 1 - 30 November 2021 |
| <u>Perinatal Depression and Anxiety Awareness Week</u> | November TBC |
| <u>International Men's Day</u> | 19 November 2021 |
| <u>International Day of People with a Disability</u> | 3 December 2021 |
| <u>International Migrants Day</u> | 18 December 2021 |
| <u>Reconciliation Week</u> | 2021 TBC |
| <u>National Carers Week</u> | 2021 TBC |

This page has been compiled by the Neami National Perth Metro Suicide Prevention Coordinator Program. For feedback, edits and suggestions please email the team at: spc.metro@neaminational.org.au.

