

Perth Metro Suicide Prevention Training Calendar Nov 2020 - Feb 2021


<i>Mental Health First Aid (All Varieties)</i>	
<i>Gatekeeper Suicide Prevention</i>	
<i>SafeTALK</i>	
<i>ASIST</i>	
<i>Other</i>	





Indicates evidence based training





Indicates evidence informed training

LivingWorks START 	
Flexible online training available anytime	
Venue	Any place you choose
Time	Any time you choose. Training takes approximately 90 minutes to complete.
Provider	LivingWorks Education
Cost	\$20
Contact	start@livingworks.com.au
Register	More info and register here


LIFE - Living Is For Everyone (Peer Led Survivors of Suicide Support Group) 	
11 October 2020 (commenced) + every Sunday during school term 4	
Venue	Pat Giles Centre for Non-Violence – Merriwa Community Hub 21 Lansdowne Place Merriwa
Time	6:00pm to 8:30pm weekly support group
Provider	Wanneroo & Communities Suicide Prevention Network (WACSPN)
Cost	FREE to Lived Experience Participants
Contact	Kat Houareau, wac.suicideprevention@gmail.com or 0407 382 643
Register	Please register your interest here

Challenge, Connection & Control (Online Workshop) 	
3 November 2020	
Venue	Online via webinarjam
Time	10:00am – 2:00pm
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$160 + GST (includes all materials and light refreshments).
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	Contact bella@connectionandwellbeing.com.au to register


Mental Health First Aid for the Suicidal Person 	
4 November 2020	
Venue	George Burnett Leisure Centre, 180 Manning Road, Karawara
Time	9am – 1pm
Provider	FIFO Focus
Cost	\$195.00
Contact	Cath Ashton 0415 471467
Register	More info and register online here


Standard Mental Health First Aid 	
4 + 5 November 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	9:00am - 4:00pm
Provider	Beyond All Bounds
Cost	\$210.00. Discounts available for groups of 3 or more
Contact	Ben Broadbridge on 0488 221 147 or hello@beyondallbounds.com.au
Register	More info here and register here


SafeTALK 	
6 November 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	10:00am – 2:00pm
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$80 +GST (includes all materials and light refreshments). Subsidised rate available for those who require
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	Register here


Accidental Counsellor 	
6 November 2020	
Venue	John McGrath Pavilion, 97 Hensman Street South Perth
Time	9am - 4pm
Provider	Lifeline WA
Cost	\$203 (GST incl)
Contact	education@lifelinewa.org.au or 08 9261 4444
Register	https://www.trybooking.com/BLUGZ


Mental Health First Aid Conversations About Suicide 	
6 November 2020	
Venue	Stirling Community Centres Bob Daniel – Inglewood 895 Beaufort St, Perth WA 6052
Time	9.00am – 1.00pm
Provider	RDP Enterprise Solutions
Cost	\$90
Contact	romy@rdpenterprisesolutions.com.au
Register	More info and register here

Standard Mental Health First Aid 	
9 + 10 November 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	9:00am - 4:00pm
Provider	Beyond All Bounds
Cost	\$210.00. Discounts available for groups of 3 or more
Contact	Ben Broadbridge on 0488 221 147 or hello@beyondallbounds.com.au
Register	More info here and register here

Standard Mental Health First Aid 	
10 + 11 November 2020	
Venue	George Burnett Leisure Centre, 180 Manning Road, Karawara
Time	9am – 3.30pm
Provider	FIFO Focus
Cost	\$295.00
Contact	Cath Ashton 0415 471467
Register	More info and register online here


Blended Online MHFA Community Course 	
10 + 12 November 2020	
Venue	Online via E-Learning Platform and Zoom
Time	Course Component 1 – A self-paced eLearning component with MHFA (takes 5-7 hours to complete) Course Component 2 – 9:00am to 11:30am WAST (2 sessions of 2.5 hrs each including set up time) An Instructor-led component using Zoom conferencing with practical reflection and group breakouts
Provider	Wanneroo & Communities Suicide Prevention Network (WACSPN)
Cost	\$55 (Paid Directly to Mental Health First Aid Australia). This course is subsidised by WACSPN, saving participants up to \$165. Places are limited to a capacity of 12 per group. Includes complimentary membership to WACSPN group and resources.
Contact	Kat Houareau on wac.suicideprevention@gmail.com or 0407 382 643
Register	Register here

ASIST (Applied Suicide Intervention Skills Training) 	
12 + 13 November 2020	
Venue	John McGrath Pavilion, 97 Hensman Street, South Perth, WA 6151
Time	8:30am - 4:30pm
Provider	Lifeline WA
Cost	\$384.50 (incl GST)
Contact	education@lifelinewa.org.au or 08 9261 4444
Register	https://www.trybooking.com/BLTOO


Youth Mental Health First Aid 	
12 + 13 November 2020	
Venue	YMCA HQ, 60 Frame Court, Leederville
Time	9:00am – 4:00pm
Provider	Cath Ashton, Well-Sense Mental Health Training
Cost	\$220. 10% discount for chaplains/ students/ more than one attendee from same company
Contact	Info@ well-sense.com.au or 0415 471 467
Register	More info and register here


Youth Mental Health First Aid 	
13 + 20 November 2020	
Venue	Stirling Community Centres Bob Daniel – Inglewood 895 Beaufort St, Perth WA 6052
Time	9.00am – 4.30pm
Provider	RDP Enterprise Solutions
Cost	\$225
Contact	romy@rdpenterprisesolutions.com.au
Register	More info and register here


Foundations of LGBTIQ+ Inclusive Practice 	
16 November 2020 - Delivered as part of Pridefest 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	10:00am – 2:00pm
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$180 + GST (includes all materials and light refreshments). A portion of your ticket price supports community LGBTIQ+ suicide prevention projects
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	Online here


LGBTIQ+ Family and Domestic Violence and Intimate Partner Violence 	
16 November 2020 - Delivered as part of Pridefest 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	10:00am – 1:00pm
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$140 + GST (includes all materials and light refreshments). A portion of your ticket price supports community LGBTIQ+ suicide prevention projects
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	Online here


Standard Mental Health First Aid 	
16 + 17 November 2020	
Venue	Pat Giles Centre for Non Violence – Merriwa Community Hub 21 Lansdowne Place Merriwa
Time	9am to 4pm
Provider	Changing Lives Australia
Cost	\$150.00 includes Complimentary Membership to the Wanneroo & Communities Suicide Prevention Network Group and Resources. Morning tea, lunch and afternoon tea included
Contact	Kat Houareau Lived Experience Trainer – CEO & Facilitator Changing Lives Australia Email: change@changinglivesaustralia.com.au or 0407 382 643
Register	Register online here

Standard Mental Health First Aid 	
17 + 18 November 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	9:00am - 4:00pm
Provider	Beyond All Bounds
Cost	\$210.00. Discounts available for groups of 3 or more
Contact	Ben Broadbridge on 0488 221 147 or hello@beyondallbounds.com.au
Register	More info here and register here

Youth Mental Health First Aid 	
19 + 20 November 2020	
Venue	YMCA HQ, 60 Frame Court, Leederville
Time	9.00am – 4.00pm
Provider	Cath Ashton, Well-Sense Mental Health Training
Cost	\$150 - reduced fee with funding provided by Neami National
Contact	Info@ well-sense.com.au or 0415 471 467
Register	More info and register here


Foundations of LGBTIQ+ Inclusive Practice (Online Workshop) 	
20 November 2020	
Venue	Online via webinarjam
Time	10:00am – 2:00pm
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$160 + GST
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	Online here


Youth Mental Health First Aid 	
23 + 24 November 2020	
Venue	3 rd Floor, 9 The Avenue, Midland
Time	9am to 5pm
Provider	MIFWA
Cost	\$300.00
Contact	Training@mifwa.org.au or 9237 8900
Register	More info and book online here


Standard Mental Health First Aid 	
24 + 25 November 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	9:00am - 4:00pm
Provider	Beyond All Bounds
Cost	\$210.00. Discounts available for groups of 3 or more
Contact	Ben Broadbridge on 0488 221 147 or hello@beyondallbounds.com.au
Register	More info here and register here

Refresher - Youth Mental Health First Aid 	
28 November 2020	
Venue	Stirling Community Centres Bob Daniel – Inglewood 895 Beaufort St, Perth WA 6052
Time	9.00am – 1.30pm
Provider	RDP Enterprise Solutions
Cost	\$125
Contact	romy@rdpenterprisesolutions.com.au
Register	More info and register here


Mental Health First Aid Refresher 	
1 December 2020	
Venue	3 rd level, 9 The Avenue, Midland, 6056 WA
Time	9am - 1pm
Provider	MIFWA
Cost	\$100.00
Contact	Training@mifwa.org.au
Register	More info and register here

Standard Mental Health First Aid 	
1 + 2 December 2020	
Venue	The Platform - Level 3, 256 Adelaide Terrace, Perth WA 6000
Time	9:00am - 4:00pm
Provider	Beyond All Bounds
Cost	\$210.00. Discounts available for groups of 3 or more
Contact	Ben Broadbridge on 0488 221 147 or hello@beyondallbounds.com.au
Register	More info here and register here


Youth Mental Health First Aid 	
2 + 3 December 2020	
Venue	YMCA HQ 60a Frame Court Leederville WA
Time	9am - 4.30 pm
Provider	Well-Sense Mental Health Training
Cost	\$220 Early Bird before 10/11 or \$230 after 11/11 10 % discount for chaplains, students and more than one attendee from one company
Contact	Cath Ashton 0415 471 467 or info@well-sense.com.au
Register	Register online here


Wesley Lifeforce Suicide Prevention Online Workshop 	
2 + 3 December 2020	
Venue	Online
Time	Monday 2 December 9.30 - 11.00am and 12.00noon - 2.00pm and Tuesday 3 December 9.30am - 12.00noon
Provider	Wesley Lifeforce
Cost	Free. Funded by the Australian Federal Government
Contact	Ross.Durkin@wesleymission.org.au or 0436 117 301
Register	More information and online registration here


REFRESHER - Standard Mental Health First Aid 	
4 December 2020	
Venue	Stirling Community Centres Bob Daniel – Inglewood 895 Beaufort St, Perth WA 6052
Time	9.00am to 1.30pm
Provider	RDP Enterprise Solutions
Cost	\$125
Contact	romy@rdpenterprisesolutions.com.au
Register	Online here


Mental Health First Aid Conversations on Suicide 	
4 December 2020	
Venue	Yhub Spacecubed 128 Yanchep Road, Yanchep
Time	9am to 1:00 pm
Provider	Wanneroo and Communities Suicide Prevention Network (WACSPN)
Cost	FREE to residents in the Northern Ward of the City of Wanneroo Complimentary Membership to the WACSPN Group, Wesley Lifeforce and additional resources. Morning tea is included
Contact	Kat Houareau Lived Experience Trainer – Facilitator and Chair of WACSPN Email: wac.suicideprevention@gmail.com or 0407 382 643
Register	Register online here

Mental Health First Aid Conversations on Suicide 	
7 December 2020	
Venue	Wanneroo Business Association – Enterprise House, 935 Wanneroo Road, Wanneroo
Time	9am to 1:00 pm
Provider	Changing Lives Australia
Cost	\$95 includes Complimentary Membership to the Wanneroo & Communities Suicide Prevention Network Group, Wesley Lifeforce and additional resources. Morning tea is included
Contact	Kat Houareau Lived Experience Trainer – Facilitator Changing Lives Australia Email: change@changinglivesaustralia.com.au or 0407 382 643
Register	Register online here


Blended Online MHFA Community Course 	
8 + 10 December 2020	
Venue	Online via E-Learning Platform and Zoom
Time	Course Component 1 – A self-paced eLearning component with MHFA (takes 5-7 hours to complete) Course Component 2 – 9:00am to 11:30am WAST (2 sessions of 2.5 hrs each including set up time) An Instructor-led component using Zoom conferencing with practical reflection and group breakouts
Provider	Wanneroo & Communities Suicide Prevention Network (WACSPN)
Cost	\$55 (Paid Directly to Mental Health First Aid Australia). This course is subsidised by WACSPN saving participants up to \$165. Places are limited to a capacity of 12 per group. Includes Complimentary Membership to WACSPN Group and Resources
Contact	Kat Houareau, Chair WACSPN on wac.suicideprevention@gmail.com or 0407 382 643
Register	Register here


Blended Mental Health First Aid online 	
8 + 15 December 2020	
Venue	Zoom webinar/ eLearning self-paced
Time	10am to 12.30pm both days
Provider	MIFWA
Cost	\$220.00
Contact	Training@mifwa.org.au or 9237 8900
Register	More info and book online here


Standard Mental Health First Aid 	
9 + 10 December 2020	
Venue	George Burnett Leisure Centre, 180 Manning Road, Karawara
Time	9am – 3.30pm
Provider	FIFO Focus
Cost	\$295.00
Contact	Cath Ashton 0415 471467
Register	More info and register online here


ASIST (Applied Suicide Intervention Skills Training) 	
10 + 11 December 2020	
Venue	TBC, will be a CBD/Central Location
Time	9:00am – 5:00pm (both days)
Provider	Connection And Wellbeing Australia (CAWA)
Cost	\$350 + GST (includes all materials and light refreshments). Subsidised rate available for those who require
Contact	bella@connectionandwellbeing.com.au or 0415 107 780
Register	More info and register here


Standard Mental Health First Aid 	
14 + 15 December 2020	
Venue	Wanneroo Business Association – Enterprise House 935 Wanneroo Road, Wanneroo
Time	9am to 4pm
Provider	Changing Lives Australia
Cost	\$150.00 includes Complimentary Membership to the Wanneroo & Communities Suicide Prevention Network Group and Resources Morning tea and afternoon tea provided
Contact	Kat Houareau Lived Experience Trainer – CEO & Facilitator Changing Lives Australia Email: change@changinglivesaustralia.com.au or 0407 382 643
Register	Register online here

Standard Mental Health First Aid 	
17 + 18 December 2020	
Venue	YMCA HQ 60a Frame Court Leederville WA
Time	9am - 3.30pm both days
Provider	Well-Sense Mental Health Training
Cost	FREE to residents of City of Vincent (on proof of address) due to generous funding by City of Vincent
Contact	Cath Ashton 0415 471 467 or info@well-sense.com.au
Register	Register online here


ASIST (Applied Suicide Intervention Skills Training) 	
21 + 22 December 2020	
Venue	3 rd Floor, 9 The Avenue, Midland
Time	9am to 4.30pm
Provider	MIFWA
Cost	\$300.00
Contact	Training@mifwa.org.au or 9237 8900
Register	More info and book online here


Standard Mental Health First Aid 	
12 + 13 January 2021	
Venue	3 rd Level, 9 The Avenue, Midland, 6056 WA
Time	9am to 4pm
Provider	MIFWA
Cost	\$300.00 (3 subsidised places)
Contact	Training@mifwa.org.au
Register	More info and book online here

Youth Mental Health First Aid 	
21 + 22 January 2021	
Venue	YMCA HQ 60a Frame Court Leederville WA
Time	9am - 4.30 pm
Provider	Well-Sense Mental Health Training
Cost	FREE to residents of City of Vincent (on proof of address) due to generous funding by City of Vincent and YMCA
Contact	Cath Ashton 0415 471 467 or info@well-sense.com.au
Register	Register online here


LIFE - Living Is For Everyone (Peer Led Survivors of Suicide Support Group) 	
February 2021 (school term)	
Venue	Yhub Spacecubed Centre, 128 Yanchep Beach Road, Yanchep
Time	TBA
Provider	Wanneroo & Communities Suicide Prevention Network (WACSPN)
Cost	FREE to Lived Experience Participants
Contact	Kat Houareau, wac.suicideprevention@gmail.com or 0407 382 643
Register	Please register your interest here


Emotional eCPR Training with USA Psychiatrist Dr Dan Fisher from the National Empowerment Centre and Matt Ball from the Humane Clinic Adelaide	
3, 10, 17 + 24 February 2021	
Venue	Online Face to Face Webinar via Zoom
Time	4 x 3hr sessions, 8am – 11am Perth time
Provider	Changing Lives Australia and Wanneroo Communities Suicide Prevention Network (WACSPN)
Cost	From \$175 - \$350. Includes Complimentary Membership WACSPN Group and Resources
Contact	Kat Houareau - Chair Wanneroo & Communities Suicide Prevention Network Email: wac.suicideprevention@gmail.com or 0407 382 643
Register	More info here . Please register expression interest here .

Mental Health First Aid for the Suicidal Person 	
10 February 2021	
Venue	3 rd Level, 9 The Avenue, Midland, 6056 WA
Time	9am to 1pm
Provider	MIFWA
Cost	\$80.00 (3 subsidised places)
Contact	Training@mifwa.org.au
Register	More info and book online here

Mental Health First Aid Conversations on Suicide 	
12 February 2021	
Venue	Yhub Spacecubed Centre, 128 Yanchep Beach Road, Yanchep
Time	9am to 1:00 pm
Provider	Wanneroo and Communities Suicide Prevention Network (WACSPN)
Cost	FREE to residents in the Northern Ward of the City of Wanneroo Includes Complimentary Membership to WACSPN Group, Wesley Lifeforce and additional resources. Morning tea is included
Contact	Kat Houareau Lived Experience Trainer – Facilitator Chair of WACSPN by email wac.suicideprevention@gmail.com or mobile: 0407 382 643
Register	Register online here

Standard Mental Health First Aid 	
16 + 17th February 2021	
Venue	Wanneroo Business Association – Enterprise House, 935 Wanneroo Road, Wanneroo
Time	9am to 4pm
Provider	Changing Lives Australia
Cost	\$150.00 includes Complimentary Membership to the Wanneroo & Communities Suicide Prevention Network Group and Resources Morning tea and afternoon tea included
Contact	Kat Houareau Lived Experience Trainer – CEO & Facilitator Changing Lives Australia Email: change@changinglivesaustralia.com.au or 0407 382 643
Register	Register online here

Standard Mental Health First Aid 	
27 + 28 February 2021	
Venue	Yhub Spacedcubed 128 Yanchep Beach Road, Yanchep
Time	9am to 4pm
Provider	Wanneroo and Communities Suicide Prevention Network (WACSPN)
Cost	FREE to residents of the Northern Ward in the City of Wanneroo Complimentary Membership to WACSPN Group and Resources. Morning tea and afternoon tea included.
Contact	Kat Houareau Lived Experience Trainer – Chair WACSPN Email: wac.suicideprevention@gmail.com or 0407 382 643
Register	Register online here

Blended Online MHFA Community Course 	
BOOK NOW, SAVE NOW & LEARN LATER...	
OPEN DATES FOR 2021	
Venue	Wanneroo and Communities Suicide Prevention Network
Time	Course Component 1 – A self-paced eLearning component with MHFA (takes 5-7 hours to complete) Course Component 2 – 9:00am to 11:30am WAST (2 sessions of 2.5 hrs each including set up time) An Instructor-led component using Zoom conferencing with practical reflection and group breakouts
Provider	Wanneroo and Communities Suicide Prevention Network (WACSPN)
Cost	PAY NOW TO SECURE THIS SPECIAL LOW FEE FOR COMPONENT 1 PAYMENT OF \$55 MUST BE PAID DIRECTLY TO MENTAL HEALTH FIRST AID AUSTRALIA BEFORE 31 DECEMBER 2020 DUE TO A PRICE INCREASE PLEASE NOTE TRAINING VOUCHERS ARE VALID FOR 1 YEAR. <i>** Note Component 2 has been subsidised by the WACSPN saving participants up to \$165.</i> Includes Complimentary Membership to WACSPN Group, Wesley LifeForce and Resources.
Contact	Kat Houareau Lived Experience Trainer – Chair WACSPN Email wac.suicideprevention@gmail.com or 0407 382 643
Register	Register online here

More information

Bookings are essential for all training. Please ensure you contact the training provider to determine if the training is right for you. It is important to select training that meets both your professional and personal needs. Some training may not be suitable for people recently bereaved by suicide.

This calendar has been compiled by the Perth Metro Suicide Prevention Coordinator (SPC) Team at Neami National. It is circulated to a distribution list via email and is available on the SPC page of the Neami National website [here](#). If you would like to be added to the distribution list or have training included on this calendar, please contact the SPC team at spc.metro@neaminational.org.au.

This training calendar is not exhaustive and there is other suicide prevention training available in Perth. Inclusion of information in this document does not constitute endorsement of training, or any associated organisation, product or service by Neami National.