

# South West Suicide Prevention Training Calendar 2020

<i>Mental Health First Aid (All Varieties)</i>	
<i>Gatekeeper Suicide Prevention (for Professionals and Paraprofessionals only)</i>	
<i>SafeTALK</i>	
<i>ASIST</i>	
<i>Other</i>	

## March

### Mental Health First Aid - standard

**Date:** 4<sup>th</sup> 5<sup>th</sup> March 2020

**Venue** Bunbury - Enable WA 104 Beach Road

**Time** 9am to 4.30pm

**Provider** Michael Finn 0449723034 [mikefinn@bigpond.net.au](mailto:mikefinn@bigpond.net.au)

**Cost** \$195

**Contact** [mhfa.com.au/courses](http://mhfa.com.au/courses) or phone Michael 0449 723 034

### Wesley Life Force Suicide Prevention Half Day workshop

**Date:** Tuesday 17<sup>th</sup> March 2020

**Venue** Collie Ridge Motel

**Time** 9am to 1.30pm

**Provider** Wesley Life Force

**Cost** Free

**Contact** <https://www.eventbrite.com.au/e/wesley-lifeforce-suicide-prevention-full-day-workshop-collie-wa-tickets-93447276319>

## Wesley Life Force Suicide Prevention Half Day workshop

**Date:** Wednesday 18<sup>th</sup> March 2020

**Venue** Bunbury - Lord Forrest Hotel

**Time** 9am to 1.30pm

**Provider** Wesley Life Force

**Cost** Free

**Contact** <https://www.eventbrite.com.au/e/wesley-lifeforce-suicide-prevention-half-day-workshop-bunbury-wa-tickets-93448377613>

## Inclusive Practice Workshop

**Date:** Friday 20<sup>th</sup> March 2020

**Venue** Busselton Kaloorup Room City of Busselton Southern Drive

**Time** 10am to 3pm

**Provider** Busselton Pride Alliance Inc.

**Cost** \$160 plus GST

**Contact** <https://www.eventbrite.com.au/e/95792988407>  
or contact  
[bella@connectionandwellbeing.com.au](mailto:bella@connectionandwellbeing.com.au)  
for more information

## April

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## Gatekeeper Suicide Prevention Workshop: for professionals and para-professionals.

**Date:** 2<sup>nd</sup> 3<sup>rd</sup> April 2020

**Venue** Collie Shire Council Chambers Steere St Collie

**Time** 8.30am to 4.30pm

**Provider** St John of God Health Care (Community Alcohol and other Drug Service)

**Cost** FREE

**Contact** <https://www.eventbrite.com.au/e/gatekeeper-suicide-prevention-workshop-for-professionals-and-para-professionals-in-the-human-tickets-95144330253>

## Youth Mental Health First Aid.

**Date:** 2<sup>nd</sup> 3<sup>rd</sup> April 2020

**Venue** Bunbury

**Time** 9am to 5pm

**Provider** Libby Kustka

**Cost** From \$250

**Contact** [Rkustka@gmail.com](mailto:Rkustka@gmail.com) / 0433 782 576 / [www.humanitix.com.au](http://www.humanitix.com.au) / [www.mhfa.com.au](http://www.mhfa.com.au)

## ONGOING

SafeTALK is a half-day training in suicide alertness for anyone. It helps participants recognise a person with thoughts of suicide and connect them with resources who can help them in choosing to live. Participants don't need any formal preparation to attend the training—anyone age 15 or older who wants to make a difference can learn the safeTALK steps.

For More information: <http://www.livingworks.com.au/programs/safetalk/>

WE ARE ABLE TO PROVIDE A QUOTE AND ANSWER ENQUIRIES ABOUT HOW TO HOST A SafeTALK in your Community or Workplace-

PHONE 08 97219256 OR EMAIL: [suicideprevention.southwest@sjog.org.au](mailto:suicideprevention.southwest@sjog.org.au)



### **The Benang Program**

Regular training is offered by the Benang Program, which was created to meet the needs of the local Aboriginal community to help address the increasing statistics of Aboriginal youth suicide. The aim of the program is to provide education on suicide prevention to schools and community groups and to provide information on services available to assist individuals and families dealing with mental health issues.

[Register to attend their online training.](#)

## **Perth Metro Suicide Prevention Training Calendar**

<https://www.neaminational.org.au/find-services/perth-metro-suicide-prevention-coordination/>

## **Western Australian Association for Mental Health**

- upcoming events and learning opportunities presented by either WAAMH or selected from the wider Australian mental health sector. <https://waamh.org.au/events-and-training>

## **Evolve Training and Events**

is a human development company offering a range of innovative services to help people develop and organisations evolve.

We are delighted to announce the launch of our brand new 2020 Training Calendar with a huge range of personal and professional development courses for you and your organisation.

The calendar includes:

De-escalation Skills, Mental Health First Aid Public Speaking, Governance, Risk Management, Positive Psychology, Grant Writing Skills, Advocacy, Trauma-Informed Care, Conflict Resolution, Marketing on a Shoestring Intervention Skills, Sustainable Event Management Gender and Sexuality: Diversity and Inclusion Client-Centred Plans, Transgenerational Trauma Aboriginal Mental Health First Aid, Suicide Prevention Plans, Counselling Skills for Everyday Life

<https://www.eventbrite.com.au/o/evolve-events-18112061106>

## **Black Dog Institute Training**

[https://blackdoginstitute.secure.force.com/forms/bdi\\_EducationCourseLanding](https://blackdoginstitute.secure.force.com/forms/bdi_EducationCourseLanding)

## **Val Lishman Health Foundation - GP Online Training**

The outcome of the Lishman Health Foundation sponsored Suicide Prevention project was the development of an on-line multi-media training programme for GPs.

The program trains GPs to manage suicidal patients.

An assessment of existing services (also funded by the Lishman Health Foundation) found that

- 75% of GPs had not undertaken suicide prevention training in the last three years
- fewer than 50% of GPs could identify early warning signs of suicidal intent and
- fewer than 10% of GP's consider current inter-professional collaboration as adequate in the management of the suicidal patient.

The online training program is accredited by the Royal Australian College of General Practitioners as a CPD Accredited Activity until the 29th February 2020. Upon completion of the training program, GPs will receive 40 CPD (Continued Professional Development) points in the RACGP CPD 2020-2022 Triennium (Activity Number 186493). <https://lishmanhealthfoundation.org.au/suicide-prevention-module/>

## **More information**

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This calendar has been compiled by the South West Suicide Prevention Coordinator (SPC) Team at St John of God. It is circulated to a distribution list via email.

If you would like to be added to the distribution list or have training included on this calendar, please email the SPC Team on [suicideprevention.southwest@sjog.org.au](mailto:suicideprevention.southwest@sjog.org.au) or contact the Suicide Prevention Project Officers on 9721 9256.

This training calendar is collated for the purpose of disseminating information to the community. This training calendar is not exhaustive and there may be other suicide prevention training available. Inclusion of information in this document does not constitute endorsement of training, or any associated organisation, product or service by St John of God.

**South West Community  
Alcohol and Drug Service  
(SWCADS)**



